### VTC | Virginia Tech Carilion

### TEST:

<u>Techniques and Effective Strategies</u> for <u>Teaching</u> within a dynamic medical curriculum





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# Effective Teaching Strategies for the Didactic Environment

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DECEMBER 14, 2020



### Effective Teaching Strategies for the Didactic Environment







Didactic: designed or intended to teach, intended to convey instruction and information

## Effective Teaching Strategies for the Didactic Environment

Lectures aren't just boring, they're ineffective

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• Ferguson PC, Caverzagie KJ, Nousiainen MT, Snell L; ICBME Collaborators. Changing the culture of medical training: An important step toward the implementation of competency-based medical education. Med Teach. 2017 Jun;39(6):599-602.

• Emanuel EJ. The Inevitable Reimagining of Medical Education. *JAMA*. 2020;323(12):1127–1128.

 Guse AH, Kuhlmey A. Model study programs in medicine : Innovations in medical education in Hamburg and Berlin. 2018 Feb;61(2):132-140.

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Effective Teaching
Strategies for the
Didactic Environment

- Stop lecturing
- Engagement with purpose without reprisal
- Visualization
- Cooperative learning
- Inquiry-based instruction
- Differentiation
- Technology in the classroom, before the classroom, and after
- Professional development through historical context







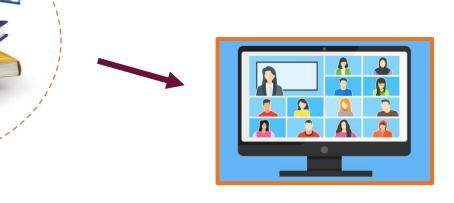




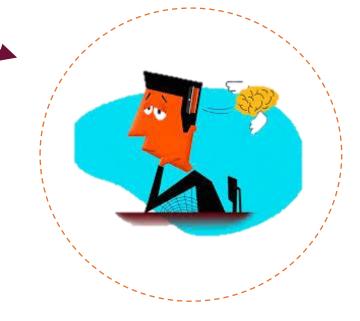
## Social Presence in a <u>Virtual Environment</u>

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Who has taken material intended for <u>in person</u> <u>instruction</u> and utilized it in the <u>virtual environment</u> without making modifications?



Who has experienced a <u>perceived lack of</u>
<u>engagement</u> from students within the <u>virtual</u>
<u>environment?</u>



### TEST CASE

### **RUC Pharmacotherapeutics**



- 8 weeks in person
- 3 hour didactic lecture
- Group-based case discussions
- MCQ exam every 4 weeks



- 6 weeks Pre-recorded voice over PPT
- <u>2 cases per week</u> utilizing a minimum of 3 references
- Two <u>discussion board posts</u>
- <u>Required</u> 1-hour weekly questions and answer session
- MCQ exam every 3 weeks



Post-

Semester

Spring

### Refection: What was the impact?

Social presence was limited in online environment Student's felt overburden and experienced increased difficulty Unintended consequences Traditional methods of gathering and community had disappeared<sup>2</sup> Students experienced isolation; negatively impacting their psychological health<sup>2</sup> Does the What is the How does How can we How do we address impact of the address the increase in increased stress, these challenges? loss of impact of anxiety, and assignments community? isolation on depression increase rigor<sup>1</sup>? psychological impact learning? health?

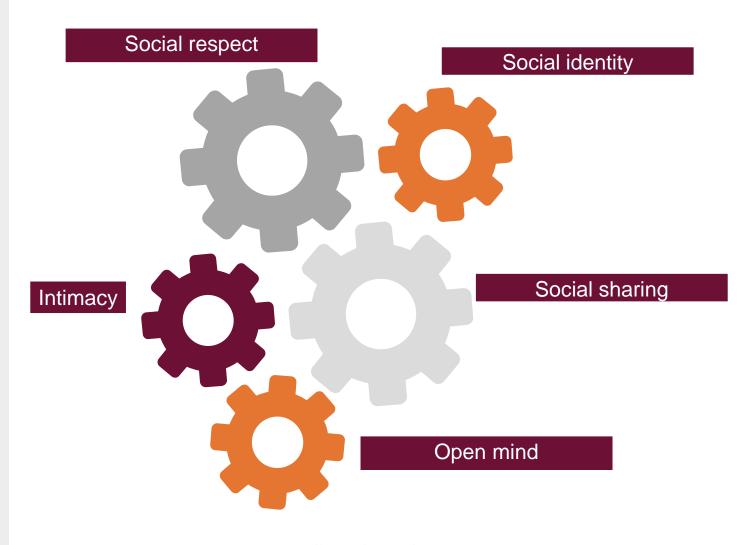
<sup>1.</sup> Graham C. Essex C. Defining and Ensuring Academic Rigor in Online and On-Campus Courses: Instructor Perspectives. Annual Proceedings of Selected Research and Development [and] Practice Papers Presented at the National Convention of the Association for Educational Communications and Technology (24th, Atlanta, GA, November 8-12, 2001). Volumes 1-2; see IR 021 504.

#### Five Facets of social presence:

### WHAT IS SOCIAL PRESENCE?

The <u>level of connectedness</u> among <u>instructors</u> and <u>students</u> that determines how motivated participants are to take an active role in their own and their peer's learning within the online environment.<sup>3,4</sup>

2020].



<sup>3.</sup> Sung E, Mayer, R. Five facets of social presence in online distance education. *Comput Hum Behav* 2012. Volume 27, Issue 5. Pages 1738-1747 <a href="https://doi.org/10.1016/j.chb.2012.04.014">https://doi.org/10.1016/j.chb.2012.04.014</a>.

4. Whiteside A. Dikkers A. 2014. *The Power of Social Presence for Learning* [online] Available at: <a href="https://er.educause.edu/articles/2014/5/the-power-of-social-presence-for-learning">https://er.educause.edu/articles/2014/5/the-power-of-social-presence-for-learning</a> [Accessed 1 December]



Establishing social connections is a <u>basic human need</u> and is necessary in the online realm.

Maslow's before Blooms

**High social presence** positively impacts:

- Online learning and interaction
- Learner's achievement
- Satisfaction, affirmation, support, and a sense of community

**Lack of social presence** attributes to:

- Negative attitude towards teacher's effectiveness
- Decreased learner achievement

### Social Presence

Instructor accessibility

Create social connections to build community

Utilize available tools for connectedness

Leverage student prior experience on assignments



Allow for the opportunity to express opinions

Timely feedback

Consistent communication

Online office hours

Email and phone

Private spaces

ublic discussion foru





Increases engagement with ownership Learning environment

eate a safe space respectful disagreement

Weekly summa

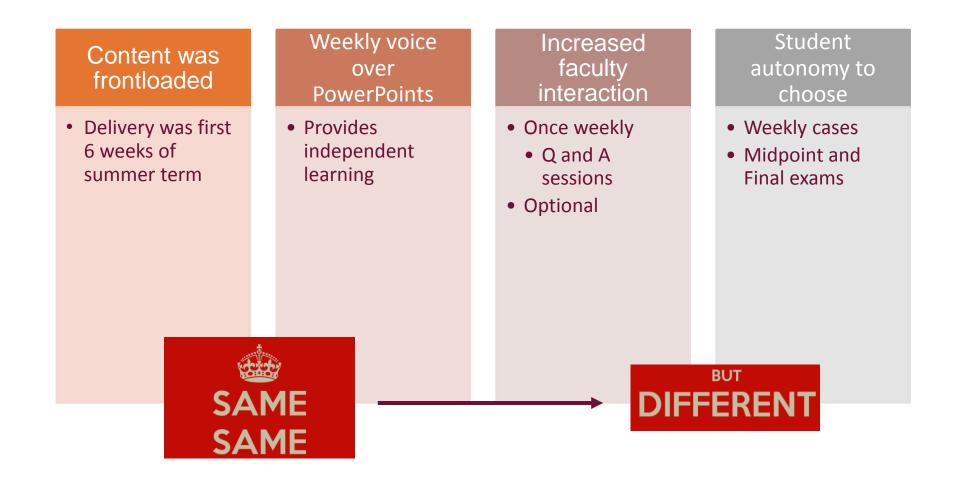
Weekly previews

Timely grading





### Adjustments to Summer RUC Pharmacotherapeutics course



SUMMARY

SOCIAL PRESENCE

Small changes can have big impacts

Embrace the change Address the differences and be transparent

Empower the learner to make choices

Work towards an environment of social respect and collaboration

# Constructivism applied to Medical Education

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"The most important factor influencing learning is what the learner already knows.

- Ausubel

### Constructivism Defined (loosely)

- Knowledge is not acquired as a blank slate but is built upon frameworks already established.
- Schemas
- Assimilation and Accommodation
- The teacher uses multiple ways to build or facilitate understanding



### Constructivist Framework Applied

- Ask Questions.
- To determine the *schema* or framework that the learner already has created.



### Constructivist Framework Applied

- Ask why and how questions to help the learner solidify the framework already created.
- Ask "what if" questions to help build (assimilate) new frameworks.
- \*\*This does not take the place of reading to obtain baseline knowledge. You have to know something to start building anything.



# Teaching within the Operating Room Environment Challenges and Strategies

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DECEMBER 14, 2020





### Background

- Laparoscopic/Robotic General and Bariatric surgeon
- Resident education in complex technical surgery since 2002
   Laparoscopic suturing, stapling, GI anastomoses, revisional surgery
   Elective and emergent settings
- Surgery Clerkship Director 2004-2019, VTC from 2010
   Student Simulation Course 2010-present
- Co-Director of Surgical Quality 2019-present



### OR Environment Features

- Task focused
- Team based environment—multiple interdependent roles
- Requires cohesive teamwork
- Relies on good communication, understanding of tasks at hand, adequate preparation and anticipation
- Rich environment for education





### Model and Discuss Ideal Behavior

- Team interactions
- Communication
- Leadership
- Process compliance
- Room awareness
- Crisis management
  - Maintaining composure
  - Optimizing resources
  - Recruiting help
- Trainee education





### Operative Patient Care

- Significant potential danger prolonged careful concentration
- Potential rapidly changing conditions—quick reactions to adapt





# Obligation to Patient vs Obligation to Trainee

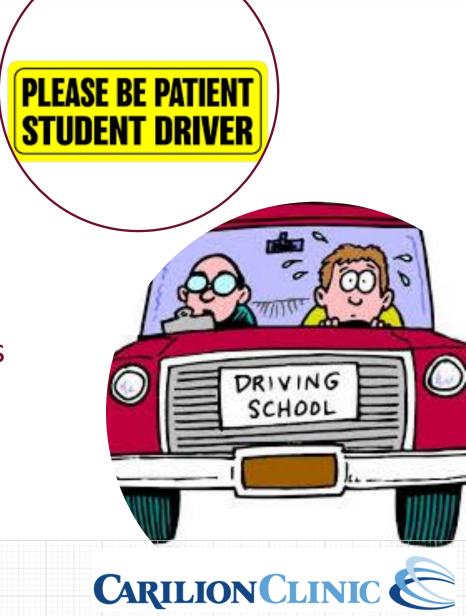
- Reconciling the ethical challenge via appropriate supervision
- Best possible patient care
- Graduated responsibility towards independent practice
- Convey technical skills and intraoperative judgment





### Teaching Technical Skills

- Remember new task is unnatural for novice
- Partial task learning for complex tasks
- Improvement occurs over weeks not hours
- Patience—recognize trainee and own limitations
- Concentration fatigue--Take breaks



### Teaching Technical Skills

- Everyone starts small—involve students and interns early
- Escalate difficulty when appropriate
- Immediate <u>actionable</u> feedback
  - Nonjudgmental when possible
- Frequent demonstration, vary explanations
- Tone of encouragement—learning environment

### This Park contains the following features

### S M L XL

#### LOOK BEFORE YOU LEAP!

Freestyle Terrain has four levels of progression and designation for size. Start small and work your way up. It is your responsibility to familiarize yourself with the terrain before attempting any of the features.

#### Designations Are Relative To This Resort



- Introductory freestyle terrain
- Small features, surface-level rails & boxes
- Less Difficult features



- Small to medium size features
- Ride-on rails & small to medium half pipe
- Difficult features



- Medium to large size features
- Introduction to jump-on rails
- Rail's with gaps & narrow surfaces
- Large half pipe
- More Difficult features

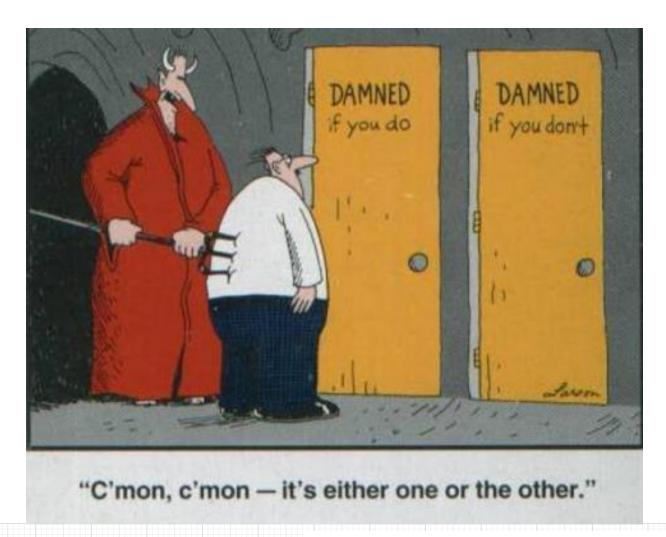


- Largest size features & jumps
- Jump-on rails with gaps & narrow surfaces
- Advanced and Experts only
- Most Difficult features



### Teaching Judgement—Tough Choices

- Beyond anatomy and pathophysiology
- Share the bad experiences that have taught good judgment
- Think aloud, express concerns
- Discuss choices
- Encourage thinking ahead
- Discuss exit strategies
- Discuss how to fail safely when success is less likely





### Summary

- Utilize features of OR environment for education
- Teach through example and discussion
- Acknowledge the challenges of teaching in OR
- Balance good patient care with trainee education
- Re technical skills—start small/early, give feedback, and be patient
- Discuss intraoperative choices and decisions to teach judgement









